FAHID BEACH

TERRACES





Well-being designed by the Sea

Live where saltwater minerals revitalise your skin, sea breeze soothes your senses, and the gentle hum of the tide lulls you to sleep.

At Fahid Beach Terraces, well-being isn't just about living near the sea, but being transformed by it. Here, every feature and amenity is planned for a purpose, and shaped by the nourishing hand of the water to invite nature to nurture, as it always has.





Inspired by the shore. Designed by Aldar

As one of the UAE's most trusted lifestyle developers, Aldar's vision goes beyond building homes. We believe in shaping communities that enrich lives and stand the test of time. At Fahid Beach Terraces, that vision takes on a coastal rhythm. Here, wellness is not just a philosophy, but a purposeful design principle. One that influences every architectural decision, every material and every shared space — creating an environment where nature, community, and daily life exist in seamless balance.



An entire island designed for well-being

Set along the coast of Abu Dhabi, Fahid Island is the UAE's first island where well-being isn't just a feature, but the foundation. Offering seamless connectivity to key cultural landmarks and destinations, Fahid Island redefines what it means to live well. Every detail is guided by science: from the air you breathe to the sounds you hear, and the paths you walk. This is a world designed with a single purpose: elevating well-being for you and your family.



FAHID BEACH

TERRACES



A connected wellness escape

5 min

15 min

15 min

20 min

50 min

YAS ISLAND SAADIYAT ISLAND Z

ZAYED INTERNATIONAL AIRPORT

ABU DHABI CITY

DUBAI CITY

Strategically located in Abu Dhabi, Fahid Island offers both privacy and accessibility, along with easy transfers to and from Zayed International Airport.



Architect, Fahid Beach Terraces

Koichi Takada is an internationally acclaimed, award-winning architect who sees nature as the ultimate artist. At Fahid Beach Terraces, his design philosophy comes to life in flowing forms and fluid spaces that mirror the rhythm of the shoreline. From gently curving balconies inspired by tidal imprints to a masterplan that balances movement and stillness, every element reflects his belief that life is richer when we live in harmony with nature.

"Architectural design should be about celebrating the nature in front of you."







A clubhouse framed by the horizon

At the heart of Fahid Beach Terraces is a space where sun and sea set the perfect stage for well-being:

The Clubhouse. Elevated above the shoreline and wrapped in panoramic views of the open water,

it turns movement into ritual and fitness into a celebration of well-being.





Reset and retreat

Residents can unwind at the beach-inspired wellness spa, relax in the sauna, steam, and salt rooms, or book private treatment rooms for massages, sound therapy, or lymphatic drainage, creating effortless, intentional moments for self-care and renewal.

Savour every moment

At the heart of the development is a private dining space that can be booked for large community events, social gatherings, chef experiences, and intimate birthday celebrations. Fitted with a well-equipped social kitchen, it's a setting where food and connection take centre stage.





Amenities

Gymnasium with waterfront views
Workout Studio
Assessment Area
Grab and Go Bar
Residential Lounge

Sauna & Steam Rooms
Spa with Salt Relaxation
Cold Plunge Pools
Private and Couple Treatment Rooms
Co-Working Lounge

Cinema
Kids' Room
Tween Room
Private Dining
Kids' Plaza

Volleyball Court
Padel Court
Infinity Pools
Landscaped Podium Gardens

Services

WELLNESS CONCIERGE

Wellness and Nutrition Consultations (On-demand/Payable)
Wellness Events and Challenges
Mental Wellness Workshops
Co-ordinating specialist wellness services such as:

Massage Therapy and Physiotherapy (On-demand/Payable)

Mindfulness Coaching and Sleep Therapy (On-demand/Payable)

PRIVATE DINING

Exclusive Bookable Space (Cleaning fee applicable)
Private Chef (Optional/Payable)
Community Supper Clubs

LIFESTYLE & LEISURE

24/7 Concierge
Valet Service
Direct Beach Access

FITNESS

Personal Training (On-demand/Payable)

Body Composition and Wellness Assessments

Family Fitness Sessions and Kids' Movement Classes

Community Sports Clubs: Running, Beach Volleyball, Padel, and Cycling



Form, function, and a lighter footprint

At Fahid Beach Terraces, sustainability is seamlessly woven into both lifestyle and design. The waterfront Clubhouse is naturally lit and thoughtfully positioned at the heart of the community to minimise environmental impact while maximising usability and social connection. The upgraded podium prioritises greenery, biophilic elements, and passive cooling, turning every outdoor moment into a natural escape. Along the waterfront promenade, a vibrant, public-facing Sports Plaza creates a multi-generational hub where wellness, movement, and community become second nature.

The architectural approach goes beyond aesthetics to preserve a deep sense of calm. The façades design features expansive glazing that brings in natural light and sea views while reducing solar heat gain and filtering external noise, ensuring thermal and acoustic comfort. Across the residences, lighting is ambient, shielded, and intentionally low-glare to preserve night skies and create an atmosphere that's as restorative as it is sustainable.





A blueprint designed by nature

On Fahid Island, well-being isn't a feature but the foundation.

Every aspect of the island is guided by science, and designed with purpose.

Fitwel 3-Star Rating

First Fitwel certified island globally

LEED for Cities and Communities
Platinum Level (Pre-Certified)

Representing global leadership in sustainable urban development

Estidama 3 Pearl for Community

Reflecting alignment with Abu Dhabi's highest sustainability benchmarks

Fahid Beach Terraces reflects the broader sustainability vision of Fahid Island, where design excellence, innovation, and Aldar's commitment to responsible development come together. The residential buildings are on track to achieve:

Fitwel 2-Star Rating

LEED Gold

Estidama 3 Pearl for Buildings

These certifications underscore our dedication to creating healthier, more efficient, and environmentally conscious communities — setting a new benchmark for coastal living in Abu Dhabi.







The kitchens feature high-end built-in appliances, pull-out trash and bottle storage, a sleek pull-out faucet, and a smart magic corner for efficient storage.



The wardrobes offer refined functionality, with sensor-activated lighting in the master bedrooms, open LED-lit shelving, and built-in safes for added convenience and elegance.

WARDROBE DESIGN

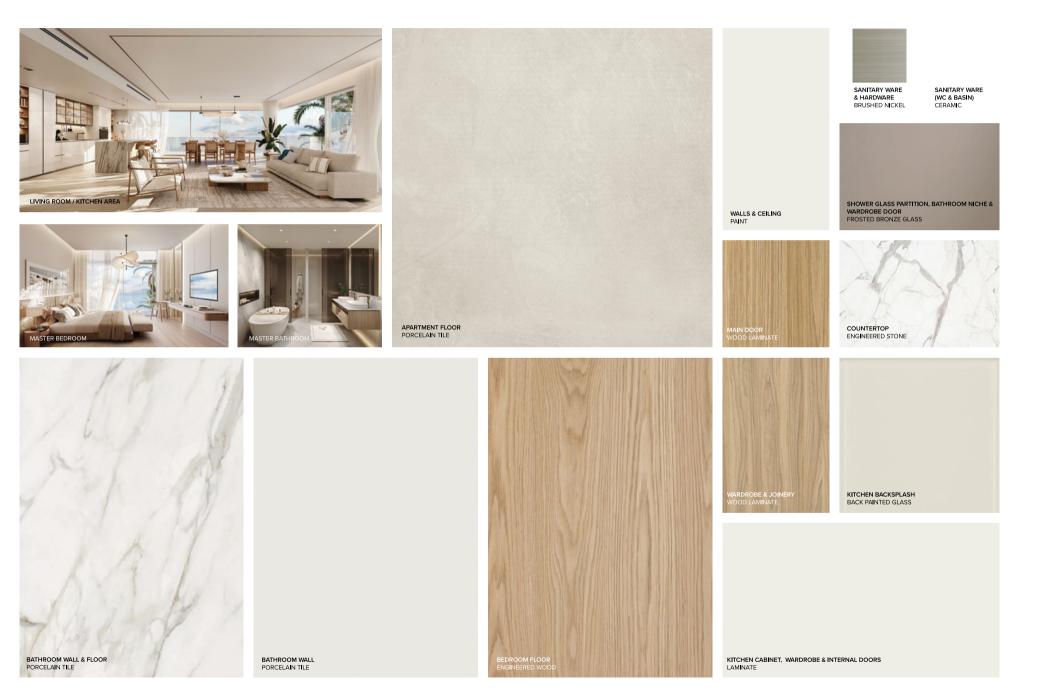


Bathrooms are designed with the same meticulous details, offering rain showers in master bedrooms, smart drawers with integrated power outlets, and refined space-saving layouts.



MATERIAL FINISHES — MATERIAL FINISHES

Light



Dark

